

## Information Guide For Patients Before Your Appointment And Admission

Phuket International Aesthetic Center (PIAC) has the following suggestions for clients who have, or are considering making an appointment with PIAC. These suggestions are general, and may change according to the type of procedure you are requesting.

### Thailand and Phuket

Good information on Thailand and Phuket can be found on the following websites. [www.phuket.net](http://www.phuket.net) and [www.phuket.com](http://www.phuket.com)

### Visas

Generally, a foreign citizen who wishes to enter the Kingdom of Thailand is required to obtain a visa from a Royal Thai Embassy or a Royal Thai Consulate-General before they arrive in Thailand. However, nationals of certain countries do not require a visa if they meet visa exemption requirements as follows :

**(1)** they are nationals of countries which are exempted from visa requirements when entering Thailand for tourism purposes. Such nationals will be permitted to stay in the Kingdom for a period of not exceeding 30 days. For more information, please see [www.mfa.go.th](http://www.mfa.go.th).

**(2)** they are nationals of countries which hold bilateral agreements with Thailand on the exemption of visa requirements. For more information, please see [www.mfa.go.th](http://www.mfa.go.th).

Nationals of certain countries may apply for visa upon arrival in Thailand. Travelers with this type of visa are permitted to enter and stay in Thailand for a period of not exceeding 15 days. For more information, please see [www.mfa.go.th](http://www.mfa.go.th).

It is the responsibility of clients to arrange for their visa.



### Transport

PIAC operates its own fleet of vehicles and drivers who can collect you from the airport and transfer you from your hotel to hospital appointments. Transfers are complimentary for clients whose procedures are more than 100,000 Baht and are Agency cases or overseas clients who book through our website. If your procedure is less than this, transfers can be arranged on a fee for service basis at very competitive rates. If you require transport from the airport upon your arrival, please ensure that PIAC is aware of your travel itinerary and that PIAC has confirmed travel arrangements with you. If your flight is changed or significantly delayed, please let PIAC know this by calling + 66 76 249400 ext 3400 from outside of Thailand and on 076 249400 if calling from within Thailand. If you are being collected from your hotel by PIAC transport, we will generally collect you in your hotel lobby around 30 minutes before your appointment time (times may change depending on the location of your hotel).

Taxi services are also available at the airport arrivals section. Whilst charges change, a meter taxi from the airport is around 500 Baht plus a 100 Baht airport booking charge. You can also get an airport limousine to your hotel, with prices starting from around 600 Baht. Small vehicles (called Tuk Tuk's) offer taxi services around Phuket and you negotiate a fee directly with the driver before your journey (please ensure that you agree on the cost before your journey). There are also some public bus services between main destinations and another option is to rent your own car.

## Pre Appointment Consultations

PIAC recommends to clients that they obtain an opinion from our surgeons on their suitability for surgery and to reduce the possibility that a client would not be accepted for surgery. These Pre Appointment Consultations require that clients forward to PIAC photographs and other evidence in order that surgeons can provide an opinion. Additional information on photographs is available from our website [www.phuket-iac.com](http://www.phuket-iac.com) or by contacting PIAC directly.

## Appointments

If you have an appointment with PIAC, please arrive at the hospital at least 10 minutes before your appointment time. If you wish to change your appointment time, please confirm this directly with PIAC.

## Appointments Versus Confirmed Surgery

Your appointment date is when you get to meet your surgeon for a face to face consultation. This is your chance to ask your surgeon all the questions you have in mind. You may want to bring photos that will aid in explaining what result you expect to have after the surgery. During this time you should also inform the surgeon about your medical history, previous surgeries and other pertinent health information. Surgery is only confirmed **AFTER** the consultation. An appointment date and surgery can be on the same day.

Prior to surgery, it is in your interests to stop smoking at least 4 weeks before your surgery. You should not apply any lotions or makeup prior to surgery, unless agreed with your surgeon, this also includes any nail polish.



## Payments

PIAC requires payment in Thai Baht currency and payment in full is generally required upon admission and certainly before your surgery. Visa, MasterCard and AMEX are welcomed but we do not accept all debit cards. We also do not accept travelers or personal cheques. There are ATM or cash machines located within the hospital, however most will only dispense a maximum of 30,000 Baht per day (around US\$1,000). Currency exchange facilities are available at the airport, as well as most banks and popular tourist destinations. Generally, clients will get a better rate of exchange if they exchange their money in Thailand, at a recognized bank or currency exchange booth.

## Money Transfers

Clients may make bank to bank money transfer payments to PIAC at least two weeks prior to the appointment date. PIAC bank details will be provided upon request. If making a money transfer, clients will generally get a better rate of exchange if they instruct their home county bank to convert their foreign currency to Thai Baht in Thailand.

## Fasting And Taking Medications

If you are or maybe scheduled for surgery, please ensure that you discontinue taking any aspirin and vitamins at least two weeks before your appointment date. If you are having surgery under a general anesthetic on your appointment date, please do not drink or eat for at least 8 hours before your appointment /surgery time. If you are on prescription medications you must discuss this with your surgeon and advise them of your medical history. If you are unsure if you should cease taking any medication before your appointment or surgery, contact PIAC for clarification.



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Web : [www.phuketinternationalhospital.com](http://www.phuketinternationalhospital.com)

## What To Bring To Hospital

### Generally you should bring

- All of your medication and/or pharmacy receipts, so medication and their doses can be verified
- Passport or a valid ID for registration
- Toiletries (toothpaste, soap etc) are usually provided by PIAC though you may want to bring your own personal favourites
- Reading material or your iPod
- Laptop computer. Internet access (Wi-Fi) is available and provided free of charge to PIAC clients
- An adapter that can convert your electrical plug to fit into the Thai electrical outlets
- Loose fitting and light clothing. PIAC will provide you with lightweight hospital garments to wear as nightwear
- Compression garments if you have been supplied them

Unless essential, leave your jewellery at your hotel or at home as you will not be allowed to wear jewellery during your surgical procedure. Safe deposit boxes are available in your private hospital room, which you access with your own password. However PIAC will not be responsible for any loss or damage.

### Pre-Surgical Tests

Pre-Surgical Tests are standard hospital procedures. Prior to surgery, your surgeon will require you to undergo laboratory and other examinations to ensure that you are fit for surgery. Additional diagnostic test can be requested by the surgeon on case to case basis.

